



# Beacon Church & JumpStart - COVID-19 Masks

### Important:

- Quick to sew
- Multi-layer (3)
- Filter-layer included
- Easy Breathing
- Ear elastic or adjustable bands

# Sewers - Thank you!

A BIG thank you to each and everyone of you ladies, giving of your time and talents towards this sewing project of masks for those in need.

**Important:** Wash the material before you start.

#### Large:

 $38 \times 20$  cm material 19 x 20 cm calico Elastic 19 cm (x2) or Bands 35 cm (x4)

#### <u>Medium</u>

 $34 \times 18$  cm material  $17 \times 18$  cm calico Elastic 17 cm (x2) or Bands 30 cm (x4)

#### <u>Small</u>

30 x 16 cm material 15 x 16 cm calico Elastic 15 cm (x2) or Bands 25 cm (x4)

# **Instructions:**

Iron and fold in double layer, right sides together, ensure edge neatly together.

Mask pattern is cut on the fold, yet we only use single layer per mask. Mark the strips before placing the pattern .

If you prefer you could cut the strips and then place the pattern.

# Please reverse-stitch at each beginning and end to ensure the work is strong and secure.

- Cut the mask pattern from the strips of material.
- Cut die same in Calico, and then cut through in the width as only half is used per mask for the filter.
- Iron the material and place the calico on the 'wrong-side' of the topside material, about 1cm from the edge. Lengthwise.
- Fold the material over the calico to create a 1cm seam. Pin.
- Fold a 1cm seam at the other end (bottom end) lengthwise, iron.
- Fold the top and bottom neatly together and iron well to create a centrefold-line. The calico will be longer at this stage.
- Fold the material open and stitch the two seams on the edge, using a 2.5-3cm stitch length.
- Stich the centre-fold line, which will hold the calico in place
- Cut the excess calico away, about 2mm from the stich line.
- Iron the seam.
- Right-side facing up, working with one half at a time.
- Fold half towards the centre line and iron a fold line in.
- Fold the top half over to the centre line and back again to half and back again to form pleat and Iron.

- Bring the back towards the fold to match the front. It will fold nicely towards the centre.
- Iron flat.
- Now you have the fold lines marked for the pleats.
- Do the same with the other half for fold lines to mark the pleats.
- Now you take the 1st line closest to the stitched seam and fold towards the half and back to the marker fold to form the fold. Pin
- Take the marker closest to the centreline and fold over to the ironed line and close the the fold you just did.
- Pin and iron both pleats and on both sides.
- Now do the same with the other half. The two halves should look the same, pinned
  Remember we only work with one half of the pattern.
- Pin the Elastic in place on the right-side of material, on the calico half.
- One end of the elastic goes at the edge of the stitched seam, pin.
- The other end will go 2mm from the middle stitch line on the edge. It will make a loop. Ensure it is out of the way before stitching.
- For bands the position is the same, but you will have four loose straps. Ensure they are out of the way before stitching.
- Pin the side seams together and sew.
- Trim the corners carefully to ensure the stitching is not damaged.
- Turn the mask right-side out, Pin and Iron.
- Place the top seams neatly together and pin closed.
- 'Top stitch' all around on the edge to flatten and close. Iron.

There you go! Thank you so much, someone will be so grateful.

#### Located @ BEACON CHURCH 3 Antonio Sieni St. Langebaan

www.JumpStart.net.za

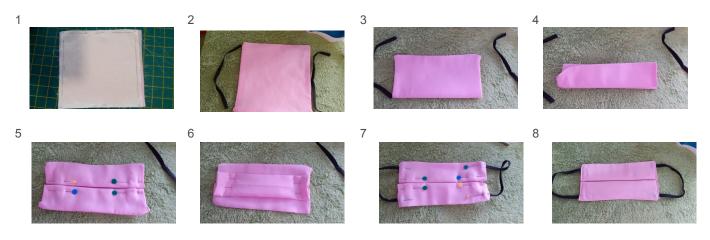
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**Banking Details:** 

ABSA Bank Vredenburg Acc Name: JUMPSTART Community Centre (RF) NPC Account No: 4088024452 PBO Reference Number: 930 051 922 Article 18a certificates issued Method1 - Beginners follow step by step



Method 2 - Work as one piece



Special thank you to Hester Nigrini for the planning, testing, instructions and photos.